

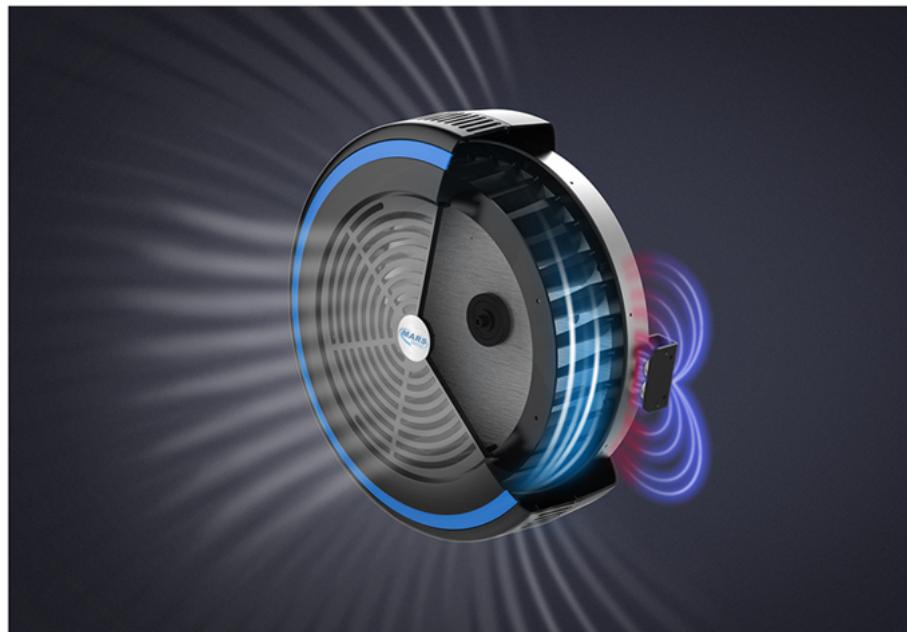
**HI-ULTRA****HSR 007**

SKI&amp;ROW Multiple Training Machine

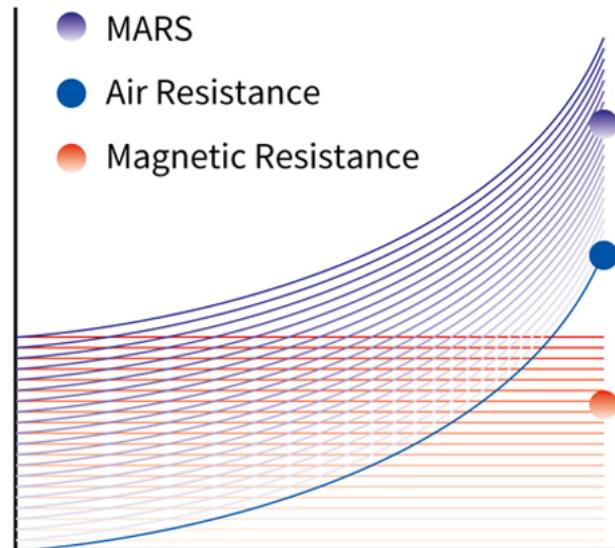
&lt; keep motion fresh &gt;



The Magnetic & Air Resistance System add a further resistance to the air resistance. The innovation perfectly solves the problem of no resistance involved at the start position of training, enables users to change the equipment mode from cardiovascular to power training.



The Magnetic & Air Resistance System has 20 precise resistance levels. Through the console, users can easily adjust the resistance at all time.



Built-in compatible telemetric heart rate device helps users to monitor intensity of the workout. The exercise data can be easily synchronized to Wahoo and other third party Apps via Bluetooth or ANT+.

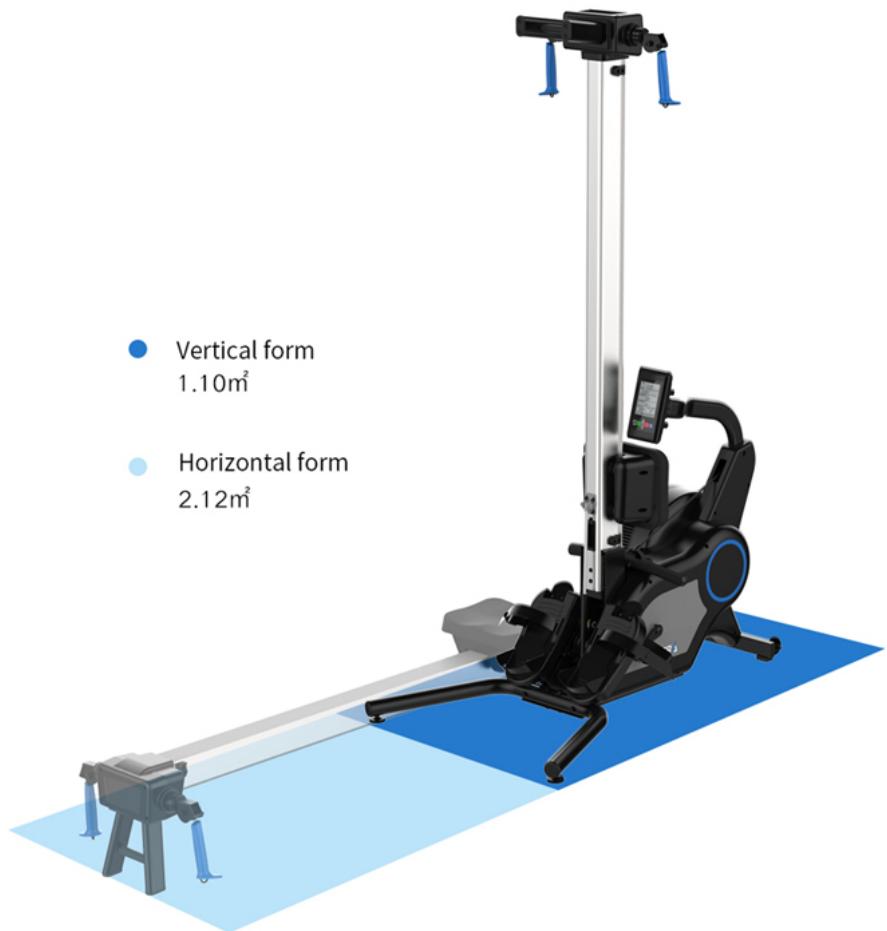
An adjustable console makes it easy to fit better towards user's eyesight and makes it easy to reach from a comfortable position.



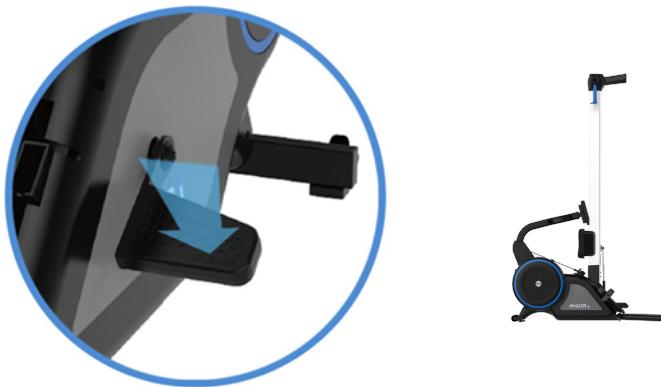
## Space Saving Design

Thanks to the innovative design, the folded SKI & ROW Multiple Training Machine saves 48% space comparing with rowing form.

Therefore, the SKI & ROW Multiple Training Machine as a commercial grade equipment is also suitable for the small fitness studio or residential.

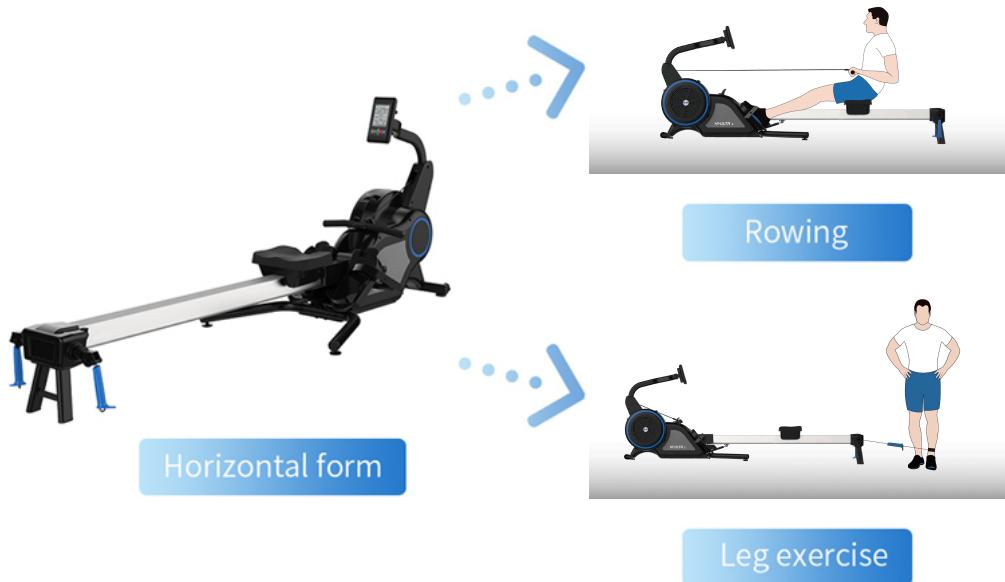
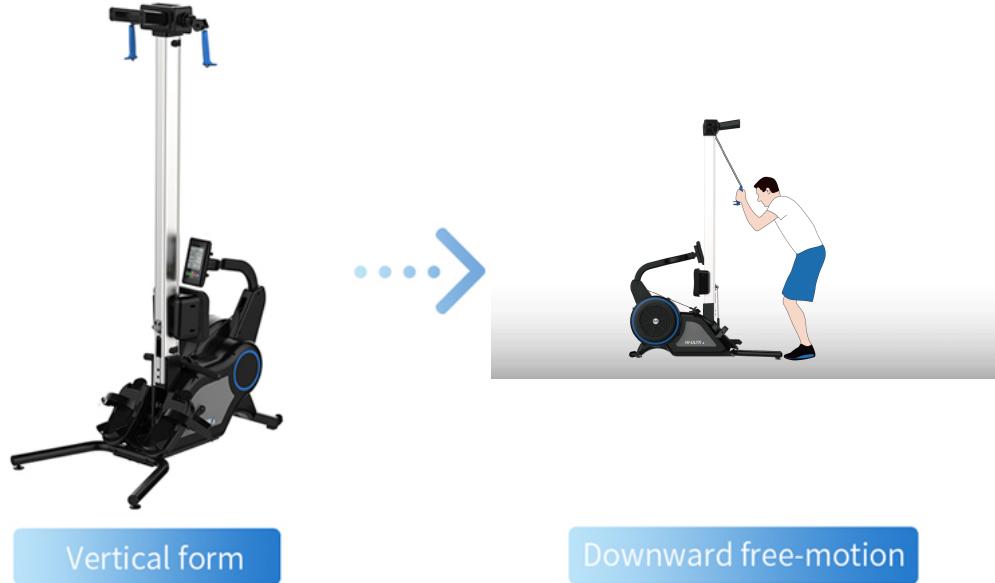


Solid and compact, the specially designed SKI & ROW Multiple Training Machine makes it easy to change from vertical form to horizontal form by simply stepping on the switching pedal. The two-stage air lock system and folding lock-up system ensure safety in daily using condition.

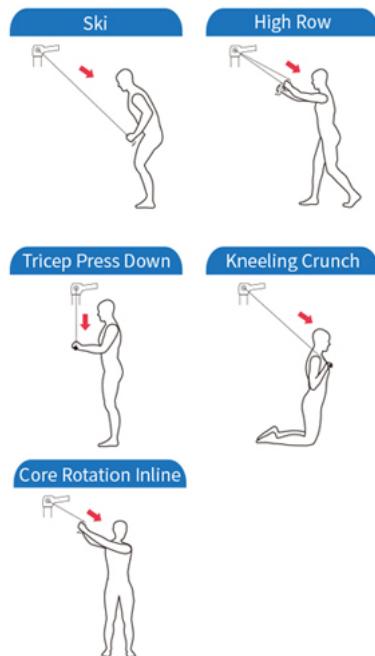


## Powerful

The SKI & ROW Multiple Training Machine was designed with HIIT in mind, which combined with three functions into two forms.

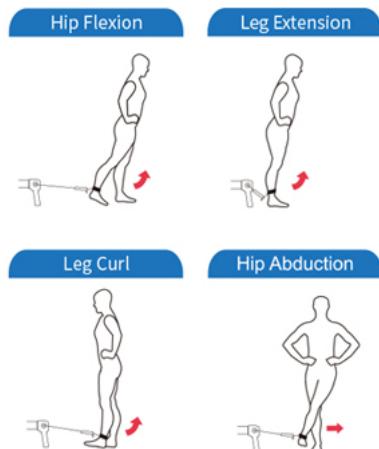


Skiing form produces natural functional training and free weight training at once. With the precise design, SKI & ROW Multiple Training Machine can perfectly simulate the skiing motion.



The TPR made skiing handles provide a more comfortable grab feeling.

The optional foot straps is ideal for users to train lower body.



# Specification

Model	HSR007
Certification	CE
Maximum User Weight	150kg / 330lbs
Drive Model	Rope
Handlebar Design	Rowing Bar & Skiing Bar
Flywheel Weight	4.1Kg
Special Features	Provided Rowing & Skiing Training
Resistance Design	MARS (Air+Magnetic Resistance)
Resistance Power	300W
Resistance Levels	20
Console Display	7"LCD display with 8 readout windows
Console Readouts	Time,Stroke Rate,Pace,Distance,Watts,Calories, Heart Rate,Level
Heart Rate Connectivity	Bluetooth & ANT+
Language Display	English
Programs	5(Time/Distance/Calorie Target, Interval Time/Distance)
HR Monitor	Telemetry
Power Requirements	4 D cell batteries
Product Dimension	Horizontal Form:2620×810×1060(mm)/103.1"×31.9"×41.7" Vertical Form:1360×810×2140(mm)/53.5"×31.9"×84.3
Seat Height	513mm/ 20.2"
Monorail	1663mm/ 65.5" (Aluminum)
Net Weight	69.0kg / 151.8lbs
Packing Size	Box 1:1805×565×170(mm)/ 71.1"×22.2"×6.7" Box 2:1075×575×680(mm)/ 42.3"×22.6"×16.8"
40HC Container Count	108

## HSR 007

### SKI&ROW Multiple Training Machine

The perfect and creative combination of strength and cardio