

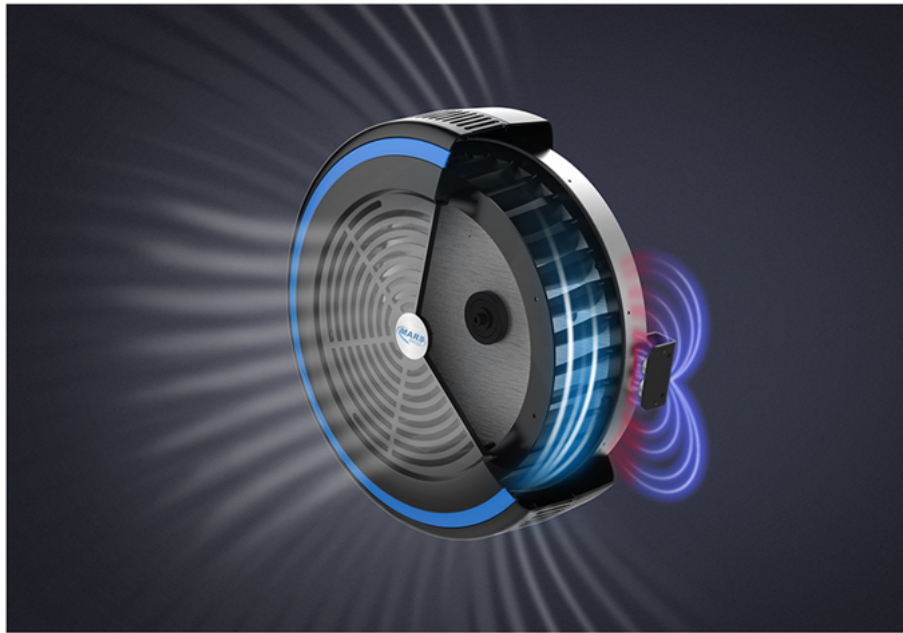
**HI-ULTRA****HSR 007**

SKI & ROW Multiple Training Machine

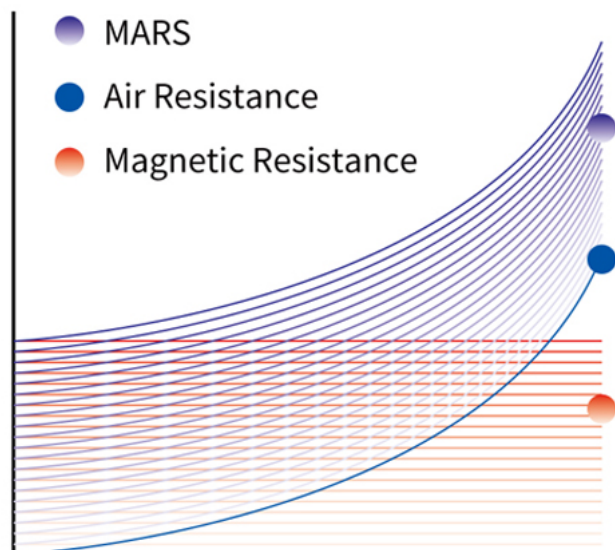
< keep motion fresh >



The Magnetic & Air Resistance System add a further resistance to the air resistance. The innovation perfectly solves the problem of no resistance involved at the start position of training, enables users to change the equipment mode from cardiovascular to power training.



The Magnetic & Air Resistance System has 20 precise resistance levels. Through the console, users can easily adjust the resistance at all time.



Built-in compatible telemetric heart rate device helps users to monitor intensity of the workout. The exercise data can be easily synchronized to Wahoo and other third party Apps via Bluetooth or ANT+.

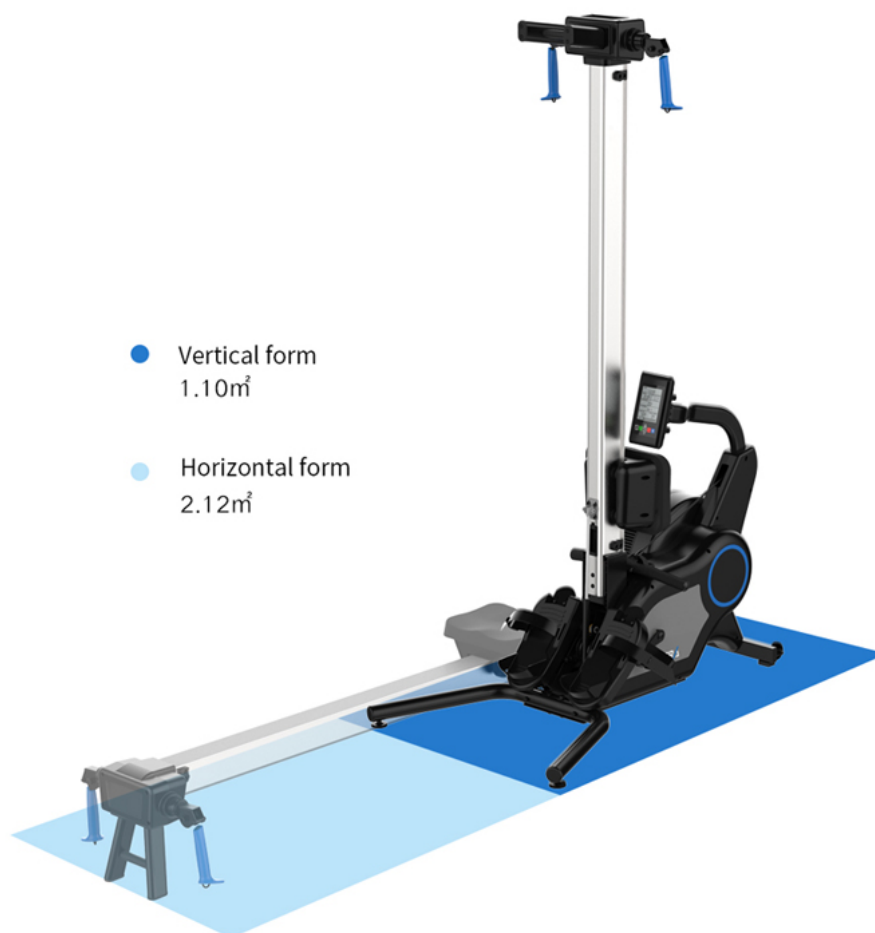
An adjustable console makes it easy to fit better towards user's eyesight and makes it easy to reach from a comfortable position.



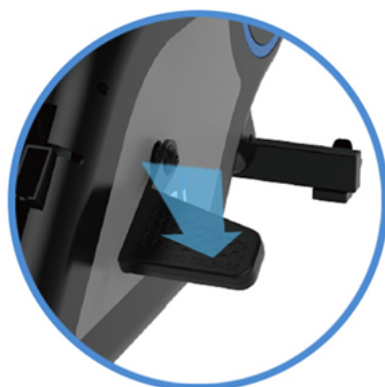
Space Saving Design

Thanks to the innovative design, the folded SKI & ROW Multiple Training Machine saves 48% space comparing with rowing form.

Therefore, the SKI & ROW Multiple Training Machine as a commercial grade equipment is also suitable for the small fitness studio or residential.



Solid and compact, the specially designed SKI & ROW Multiple Training Machine makes it easy to change from vertical form to horizontal form by simply stepping on the switching pedal. The two-stage air lock system and folding lock-up system ensure safety in daily using condition.



Powerful

The SKI & ROW Multiple Training Machine was designed with HIIT in mind, which combined with three functions into two forms.



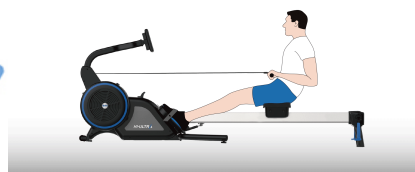
Vertical form



Downward free-motion



Horizontal form



Rowing

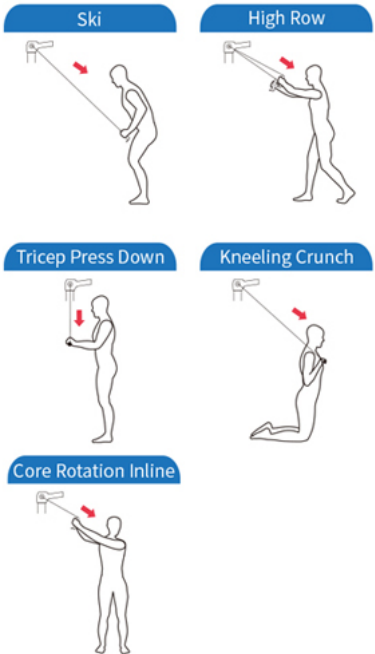


Leg exercise

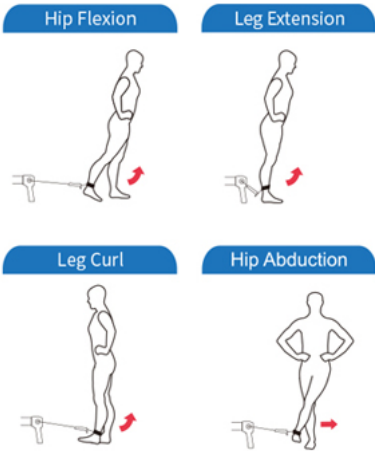
Skiing form produces natural functional training and free weight training at once. With the precise design, SKI & ROW Multiple Training Machine can perfectly simulate the skiing motion.



The TPR made skiing handles provide a more comfortable grab feeling.



The optional foot straps is ideal for users to train lower body.



Specification

| | |
|-------------------------|---|
| Model | HSR007 |
| Certification | CE |
| Maximum User Weight | 150kg / 330lbs |
| Drive Model | Rope |
| Handlebar Design | Rowing Bar & Skiing Bar |
| Flywheel Weight | 4.1Kg |
| Special Features | Provided Rowing & Skiing Training |
| Resistance Design | MARS (Air+Magnetic Resistance) |
| Resistance Power | 300W |
| Resistance Levels | 20 |
| Console Display | 7" LCD display with 8 readout windows |
| Console Readouts | Time, Stroke Rate, Pace, Distance, Watts, Calories, Heart Rate, Level |
| Heart Rate Connectivity | Bluetooth & ANT+ |
| Language Display | English |
| Programs | 5 (Time/Distance/Calorie Target, Interval Time/Distance) |
| HR Monitor | Telemetry |
| Power Requirements | 4 D cell batteries |
| Product Dimension | Horizontal Form: 2620×810×1060(mm)/103.1"×31.9"×41.7" Vertical Form: 1360×810×2140(mm)/53.5"×31.9"×84.3" |
| Seat Height | 513mm/ 20.2" |
| Monorail | 1663mm/ 65.5" (Aluminum) |
| Net Weight | 69.0kg / 151.8lbs |
| Packing Size | Box 1: 1805×565×170(mm)/ 71.1"×22.2"×6.7" Box 2: 1075×575×680(mm)/ 42.3"×22.6"×16.8" |
| 40HC Container Count | 108 |

HSR 007

SKI & ROW Multiple Training Machine

The perfect and creative combination of strength and cardio